

# *All of Me*



A STUDY BASED ON  
THE GREATEST COMMANDMENT  
MARK 12:28-31

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# Welcome, Sister

I invite you on this journey through the Holy Scriptures to fall more in love with Jesus, The One who loves you more than all the ones who love you.

We come, knowing that at times we are like the self righteous pharisees who approached the King of Kings with this question:

*Which is the greatest commandment?*

We come, on our knees, asking Him to reveal another mystery of His love for us, so that in awe we really do finish this study awestruck by Him, loving Him more than ever before, with more of every part of us.

We come, desiring to know Him more through His Word, because to know Him IS to love Him.

We come, with narrowed focus to *Love Him* with *all* of our



# All of Me -Heart-

Lord,

Help me love you with all of my heart from the surface level to the depths where even I struggle to see clearly, but you see as transparent and bright as day. Take the eyes of my heart off of me and put them on your nail scarred hands - that are reaching out to mine. Help every ounce of blood pumping through my physical heart beat to hear your voice. Show me how to love you with more of my heart. In Jesus' name, Amen.

Read Mark 12:28-34

Who asked Jesus what is the most important commandment of all?

Write Jesus' response below

The Creator of the universe wants you to progressively know Him more and more. He doesn't want you to get caught up in "trying to live a good Christian life," like the Pharisees got caught up living a good Jewish life: to the point that their hearts were hard and they didn't even recognize the One they had been waiting for to set them free from the impossibility of keeping the law.

He was finally in their midst, and what did He say? Love me. Love your neighbor. He didn't recite the all 613 commandments or tell them which were the most important ones. He told them THE most important, the ONE that would help them be restored into walking daily with their Heavenly Father once he had endured the cross.

Read Matthew 5:17-20

Jesus says here He has not come to abolish the law but to do what in regards to it?

If we look at these two sayings of Jesus together, we see that His response about the most important commandment of the 613 does not make the other 612 null and void, but that He knew that LOVING the LORD (The Father, The Son, and The Holy Spirit), would enable us to walk in confidence that Jesus' blood covers all the ways we can't live up to the measure of the law, so that, in fact, Jesus fulfills it for us. He knew that by walking with Him in restored relationship, we will love Him more and more and that His restored presence with us will transform us.

Jesus pointed to the heart and not the rule keeping outside.

He knew that if we make it our mission to fall more and more in love with Him, we will live more in line with the nature of the law. Everything with Jesus starts from inside, out. Aren't you thankful for that?

# *all of Me*

## *- Heart -*

Receive His Love



MAN LOOKS AT OUTWARD  
APPEARANCE, BUT THE

*Lord looks*

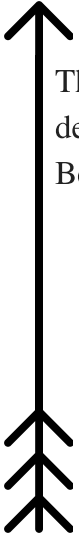
AT THE

*heart*

1 SAMUEL 16:7

Thank God for being concerned with our hearts more than the outer appearance of our lives. He is a deeply loving Father who cares about what's really going on in the hearts of His daughters.  
Be still and pour your heart to Him below.

GIVE GOD LOVE



Look at your heart in light of God's love for you. Take time daily to sit in God's presence and pour your heart out to Him.

Instead of just looking at the surface level of people around you, be intentional about thinking about what's going on and how that must be affecting them deeply. Pick one or two people close to you and write below what they must be experiencing and how they must be feeling in their current situation. Pray for them and write out how you could tangibly love them in the days to come.



PLANS FOR LOVING

OTHERS



# *All of Me - Heart -*

*Lord,*

Thank you for being most concerned with my heart and not leaving me alone in this journey with you. Holy Spirit, I ask that today you will show me through your Word how to see you more clearly through the eyes of a pure heart. I know that if I see you more clearly, I will love you with more of my heart.

Read Matthew 5:8

Who are blessed?

Why are they blessed?

How do we get a "pure heart?"

Read Psalm 51:1-12

David starts the psalm with remembering two character qualities of God in verse one. What are those?

List the verbs below in this passage that are used to describe what God does to purify our hearts when we turn back to him.

What does verse 6 say God teaches us and where?

When we are restored what do we experience through our salvation? (Verse 12)

# *all of Me*

## *- Heart -*

Receive His Love



BLESSED ARE THE

*Pure in Heart*

FOR THEY SHALL

*See God*

MATTHEW 5:8

Thank the Lord for giving us the ability to see His beautiful, loving face because of what Jesus did on the cross. Thank Him for allowing us to call out to Him and ask Him to cleanse our hearts with that precious blood. Write out in your own words below how you desire a pure heart so you can see Him more clearly, and love him with more clarity of who He truly is.

GIVE GOD LOVE



Ask God to purify your motives for loving Him and others. We want to take care of ourselves because it brings Him glory. We want to love and serve others just because we love them. Ask God to help you be a "free lover." Loving those around you, not expecting anything in return, but only from an overflow of the love God has lavished on you. Pick one person and write below how you can love them more purely.



PLANS FOR LOVING

OTHERS

# *All of Me - Heart -*

*Lord,*

Thank you for sending your greatest treasure, Jesus, here to earth because you treasure all of your children. Your heart has always been here with us, since we took our first breath. Teach us today how to live here while our hearts reside in heaven with you. You sent Jesus down so we could live treasuring the future we have with you.

Read Luke 12:32-34

How does Jesus address His followers here?

It is the Father's good pleasure to give us what?

What are we told to do in verse 33?

What is the eternal treasure we store up in heaven safe from?

According to verse 34, where is our heart?

*Where are we storing Treasure?*

Taking Inventory of Our Stocks

Where are we spending our time, money, and energy?

Am I spending time alone with God in His Word, worship and Prayer? What can be changed to store more treasure in heaven?

Am I anxious about how God will provide for me? Am I trusting God with my finances and investing back into The Kingdom?

# *all of Me*

## *- Heart -*

Receive His Love



*For where*  
YOUR TREASURE IS,  
THERE WILL  
*Your heart*

BE ALSO.

LUKE 12:34

Thank God for giving you an eternal inheritance that cannot be taken from you by any power. He is a good Father who takes delight in giving good gifts to you, Daughter. Adopted through Christ, His Word says that everything He has is yours. Write out a prayer below thanking Him and asking him to help you trust He will provide your every need and asking Him to help you invest back into The Kingdom.

GIVE GOD LOVE



Make plans in the presence of the Lord for storing treasure in heaven, or to continue on in doing so. How can you love the people surrounding you by investing in them eternally? Speaking God's Word over them? Praying for them? Believing in their God given gifts? Write how the Lord impresses on your heart to store your treasure in heaven below.



PLANS FOR LOVING

OTHERS

# *All of Me - Heart -*

*Lord,*

Thank you for seeing the deepest parts of my heart and loving me even when it gets unlovely. You bring beauty to the places that become ugly through sin. Help me today to put safeguards in place to guard my heart for you with all vigilance. I know that life flows from it. I want a stream of love for you going out from the Source and creating life and fruit for your Kingdom. Show me how to do that in this season.

Read Proverbs 4:23

What action are we encouraged to take concerning our heart?

To guard means "to protect, maintain, obey." Sometimes it's hard to get around to maintaining our hearts because all the outward areas scream out for maintenance first. But what if we reworked our schedules, and made it a priority to ask the Lord to search our hearts and show us what was there before we brushed our teeth? Wouldn't that make a routine that cleansed the inside before we scrubbed the outside?

He would make sure and show us areas of danger where things that could hurt our fellowship with him were lurking close by. He would help us put up boundaries so that our heart stayed protected for His adoration and worship and communion.

## *Checkpoint*

Establishing "checkpoints" to protect and maintain your heart can be helpful. Let's set some up below.

Read Matthew 15:10-20

What defiles a person?

What comes out of the mouth comes from where?

List the seven things that Jesus presents in verse 19 that we want to get out and keep out of our hearts.

# *All of Me* *- Heart -*

Receive His Love



*Guard your heart*

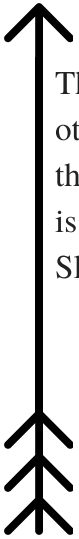
ABOVE ALL ELSE,

*for it determines*

THE COURSE OF YOUR LIFE

PROVERBS 4:23

GIVE GOD LOVE



Thank God that he is so worthy to hold the highest and immeasurable part in your heart, above all others. He deserves all the honor and credit for every good thing in your life. Ask Him to show you if there are any of the seven things in our heart that Jesus warns us against in Matthew 15:19. Which one is the easiest one to slip into your heart? What realistic guard can you put up to keep it out? Example: Slander: Don't think poorly of others, and don't engage in gossip.

Jesus said in Matthew 15:18 that what comes out of the mouth comes from the heart. Listen to those around you. Hear their words, heart their heart. Pray for what is on their heart. Speak life over what is on their heart. Care about what is on their heart. Write out a prayer below asking the Lord to help you love and listen in this way.



PLANS FOR LOVING

OTHERS

# All of Me - Heart -

*Lord,*

Thank you for being the author and perfecter of my faith. It's a work of grace from start to finish. You see the real me to the core, you purify my heart, entrust your heavenly treasure in my hands, and help me guard this heart that holds it all. I love you, Lord. Take these next minutes as I sit in your presence with your word and transform my heart to love you even more.

Read 1 Peter 1:18

Though you have not seen Him, you love him.

What kind of joy do you have from knowing and loving Jesus?

Have you experienced this kind of joy lately?

*What if*

What if you could see Jesus, right here, right now, as the disciples did? What if He looked you in the eyes, and your could audibly hear Him call you by name and ask you if you love Him?

That's exactly what happened to Peter in John 21.

Read John 21:1-19

What were the disciples doing before they recognized Jesus?

What did Peter do when he knew it was Jesus?

What was Jesus' invitation in verse 12?

How many times did Jesus ask if Peter loved him?

What was Peter's last response in verse 17?

What was the Lord's response each of the three times after Peter had responded? (All slightly different)

He knows. He knows our hearts. He knows the obstacles that are stealing His affection and stealing your joy. Let's end this week before Him asking Him to unleash a new level of love for Him in our hearts.

# all of Me

## - Heart -

Receive His Love



*Lord, you know*

EVERYTHING.

YOU KNOW

*that I love you.*

JOHN 21:17

GIVE GOD LOVE



Thank God that He knows you love Him. Find freedom in the truth that He sees your complete heart, He knows every struggle and fear. He wants to hear you proclaim your love for Him above the troubles of the world. He knows every trial ahead of you and He wants you to proclaim that His love is worth the journey home to heaven. Below, fill in your name and response to Him.

\_\_\_\_\_, Do you love me?

FEED MY LAMBS   TEND MY SHEEP   FEED MY SHEEP

Circle which of Jesus' responses above speaks the most to you about loving those He's brought onto your path. How can you feed and tend to them, sincerely loving them during this season? Write your plans below.



PLANS FOR LOVING

OTHERS



# All of Me - Soul -

*Lord,*

Thank you for breathing your breath into this body you made in the secret place. This life is yours, to inhale your goodness and exhale worship to you every minute I'm here. Please show me this week how to live a life poured out on the altar to you; how to love you with all of my soul.

The greek word translated soul in our theme verse, Mark 12:30, is used 105 times in the New Testament. 58 times, it is translated "soul." It is translated "life" 40 times. We will be looking at passages where soul and life are used.

Let's start with Mary's song of praise when she told her cousin, Elizabeth that she was carrying the long awaited Messiah, our Savior, Jesus.

Read Luke 1:46-55

Mary starts out this song of praise stating that her soul does what?

What does it mean to magnify something or someone?

List some of the things Mary shares that the Lord has done for her. After writing some of them, circle which one sticks out the most to you.

Write your own "song of praise" to the Lord below. You can simply list some of the things the Lord has done for you. It doesn't have to be witty or fancy, just heartfelt!

\_\_\_\_\_ 's Song of Praise

# *all of Me*

## *- Soul -*

Receive His Love



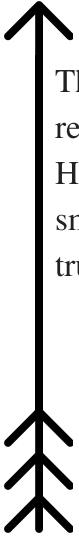
*My Soul*

MAGNIFIES

*The Lord*

LUKE 1:46

GIVE GOD LOVE



Thank God for all He has done for you that is worthy to be magnified. Recount prayers you have requested but forgotten to thank Him for answering. Read over the song of praise on the page above. How can you magnify the Lord? List one way below that you can experience how He is big in the smallest of situations. What small thing did you need Him to do for you now? He receives glory for trusting in Him for all things, big and small.

Love someone well today by sharing what the Lord has done for you, encourage their faith and help them see that our God is big and mighty, even in small things. Write out a prayer below asking the Lord who to share this testimony with.



PLANS FOR LOVING

OTHERS

# *All of Me* *- Soul -*

*Lord,*

My soul magnifies you Lord, for you gave up your life so that I could have mine. You spent your breaths on earth walking in obedience to Father, and then when you breathed your last, you uttered, "It is finished;" words that set me free from striving to earn a salvation that is a free gift from you. Please show me today how to spend my soul - my life- by laying it down for The Kingdom, like you did.

Read Mark 8:31-38

What did Jesus say must happen?

Why did Peter pull Jesus aside, and how did Jesus respond?

What three things does Jesus tell the crowd they must do in verse 31?

What does Jesus say we must do in order to save our life? (life is the same greek word used for soul in Mark 12:30)

How can you "loose you life," (die to yourself) during this season in your life? This is how you can love the Lord with all your soul, following his example.

# *all of Me*

## *- Soul -*

Receive His Love



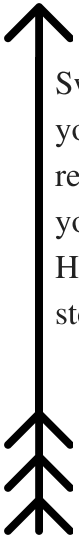
*Is Anything*

WORTH MORE THAN

*Your Soul?*

MARK 8:37

GIVE GOD LOVE



Sweet Jesus, I praise you for not just telling us to give up our life for the gospel, but for actually doing it yourself. Eternal life was much more real to you than this life. Make our heart know full well that reality. Help us spend our time on earth dying daily to ourselves, laying down our desires, and following you. Is the Lord leading you in a specific way that requires you to take a step of obedience and follow Him? Write that out below. If not, ask the Lord to make His voice clearer so that you can follow Him step by step.

"By this we know love, that he laid down his life for us, and we ought to lay down our lives for our brothers." 1 John 3:16 Write one specific way you can love others in a self-sacrificial way below. It may be the same thing you mentioned on the previous page. Write out a prayer asking the Lord to help you love them in this way. Find a bible verse to memorize or think on to help you act in love to this person instead of in your own desires.



PLANS FOR LOVING

OTHERS

# *All of Me* *- Soul -*

*Lord,*

I praise you for showing me the way to love you with all of my soul, by giving my life away to you day by day. It is only because of you that I have life to live. Take me back to the garden today, where you first created life. Show me how to get back to the basics and love you with the choices I make to take care of this earthly life as I am living in light of my heavenly life in you.

Read Genesis 2:7

The Lord God formed man from what?

What did he breath into man?

What did the man (Adam) become?

The Hebrew word for "living soul or creature here is very closely related to the Greek word for soul in our theme verse. Here it is "life." Let's consider how to love the Lord with ALL of this life God breathed into our mortal body.

## *Life as an Offering*

"So here's what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering."

Romans 12:1 The Message

Pray and ask God how to use this life on earth today to love Him. To walk with Him in close fellowship, the way we were created to in the garden.

# all of Me

## - Soul -

Receive His Love



And Man

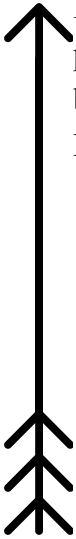
BECAME

*a Living Soul*

GENESIS 2:7

Bedside each area mentioned below from the Romans 12:1 Message Paraphrase on the previous page, write how you can Love the Lord with ALL of the breath of LIFE he breathed in you when you became a living soul. Let's get back to the basics. Don't overcomplicate it. How can you honor the Lord in these areas?

GIVE GOD LOVE



*Sleeping -*

*Going to Work -*

*Eating -*

*Walking around Life -*

How will others, starting with those closest to you, be better loved through you offering each part of your life above to God daily? What results will happen because you are refocusing on living this life as a beautiful offering to God, spending your soul loving Him? Make it simple. Example: More sleep- more energy, less grumpy to family!

*Sleeping -*

*Going to Work -*

*Eating -*

*Walking around Life -*



PLANS FOR LOVING  
OTHERS

# All of Me - Soul -

*Lord,*

I praise you for this life on earth you breathed into me, but even more for the Life you have promised me through Jesus. Today, show me how to love you with the eternal soul you placed in me when I believed in your Son.

Read 1 Corinthians 4:35-49

The first Adam became what?

In contrast, the last Adam, Christ, is described as a Life-giving Spirit. The physical life precedes the spiritual life. So yesterday, we focused on how to love the Lord with the physical life and breath He gave us. Today, we will focus on how to love Him with the Spiritual life He gave us and continues to give us through Jesus.

Read verse 49 below in the Message paraphrase for greater insight.

*"the Second Man was made out of heaven, and people now can be heavenly. In the same way that we've worked from our earthy origins, let's embrace our heavenly ends."*

How can you "embrace your heavenly ends?"

Do you look forward to the life in heaven your eternal soul will be living with Jesus?

Let's look at a verse below to help us embrace our real life in heaven.

Read 1 Corinthians 2:9

# all of Me - Soul -

*No eye has seen*

Receive His Love

NO EAR HAS HEARD

*No mind has imagined*

WHAT GOD HAS PREPARED

*For those Who Love Him*

1 CORINTHIANS 2:9

Lord, thank you for first giving me life on this earth, and then new, eternal life in Christ. Help me love you with more of my eternal soul by looking forward to forever with you. Below, write the most beautiful thing your eye has seen and your ear has heard, and then write out what your mind can imagine about the greatness of heaven. Let this grow your love for the Lord. What he has planned for you is so much better than this!

*Most beautiful thing my eyes have seen -*

*What my mind imagines heaven to be like:*

*Most beautiful thing my ears have heard-*

Who needs to be reminded of the hope of heaven? Write their name and a prayer below and ask God to give you the words, love and courage to encourage them that what Jesus has planned for us is better than we can imagine!

PLANS FOR LOVING

OTHERS



# *All of Me* *- Soul -*

*Lord,*

Help me see beyond the everyday mundane, help me hear the songs of heaven in the sounds of the daily grind.  
My soul was made to love you forever. Help my soul be anchored by the hope I have in you through Jesus.

Read Hebrews 6:13-20

What did God promise to Abraham?

What did Abraham have to do before he obtained the promise?

What is impossible according to verse 18?

What are we told to hold to?

This hope is an anchor for what? What does this mean to you?

# *all of Me*

## *- Soul -*

Receive His Love



*We have this as*

A SURE AND STEADFAST

*anchor of the soul.*

HEBREWS 6:19

Jesus, the hope I have in you is what keeps my soul steady, exactly where you want me; knowing you have gone before me and made a way for me to be back in fellowship with our Father and that one day I will see you there, face to face in the Holy of Holies. What in your life lately has felt like it's been tossed about in the waves, and needs to be re-anchored to the hope we have in Jesus? Write it below and ask the Lord to keep you ever tethered to His unfailing promise.

GIVE GOD LOVE



Who around you now needs a reminder of the anchor that is their hope in Jesus? Write out their name below, pray for them and reach out to them in love, reminding them of Jesus being their hope that anchors their soul.



PLANS FOR LOVING

OTHERS

# *All of Me* *- Mind -*

*Lord,*

Thank you for all your scripture that renews my mind. Your word is alive and active, sharper than any two edged sword, and powerful to change the way I think. I ask you to come and retrain my brain this week to think with the mind of Christ. Help me to love you with more of my mind than ever before.

The greek word used in our theme verse for "mind" means: the faculty of understanding, feeling, and desiring. Let's start this week by asking the Lord to help us keep our mind in his perfect peace, where we are able to fully adore Him and love him with ALL of our thoughts.

Read

Isaiah 26:1-19

What makes the psalmist's city strong? (Verse 1)

Who will the Lord keep in perfect peace? Write the two keys to the peace of our God.

Why should we trust in the Lord forever? (Verse 4)

Who will grant us peace? (Verse 12) Who has really done all of our work and accomplishments? Does this truth give you rest from striving?

List the promises in verse 19 below. How do these beautiful truths give you peace of mind?

# all of Me

## - Mind -

Receive His Love



YOU KEEP HIM IN

*Perfect peace*

WHOSE MIND IS STAYED ON YOU

BECAUSE HE

*trusts in You*

ISAIAH 26:3

Thank you, Lord, for your promise of perfect peace in a world that seems chaotic. You are very trustworthy. Please teach me how to keep my mind on you and trust in you.

Write below one attribute of God you want to meditate on to keep your mind focused on him.

Also write one area of your life you know you need to trust Him more with.

*A praise worthy attribute of God to  
focus on*

*Trust God with*

GIVE GOD LOVE



Often times, we get caught up in whatever is on our minds and don't think enough of others. Now that we are refocusing on the Lord and trusting Him more, let's ask Him to help us think about others more and take time to love them. Write out your plan today be more intentional about loving others around you. Be as specific as you want, or write a prayer asking the Lord to open your mind to creatively connect and love others around you.



PLANS FOR LOVING

OTHERS

# *All of Me* *- Mind -*

*Lord,*

Thank you for helping me keep my mind on you and trust you, as you teach me afresh this week how to love you with more of my mind. I ask today that you will clear out everything in my mind that is not of you, so I will experience more of your peace.

Read Philippians 4: 4-9

What are we told to always do in verse 4?

What are we supposed to be worried about or anxious over? (verse 5)

What are we supposed to pray about? (verse 5)

What two things are we to do in prayer? (verse 6)

What will guard our hearts and minds if we do this?

List the eight things that we are told to think about in verse 8?

Do you have a real-life "Paul" in your life who is a mentor to you? What "things" have you seen in them that are worthy of practicing? If you don't have a person like this in your life, pray for God to bring them into your life.

# all of Me

## - Mind -

Receive His Love



*Whatever is*  
TRUE, HONORABLE,  
JUST, PURE, LOVELY,  
COMMENDABLE, EXCELLENT  
WORTHY OF PRAISE...  
*think on these.*  
PHILIPPIANS 4:8

GIVE GOD LOVE



Lord, thank you for giving me this filter for testing my thoughts. Help me see when my thoughts are not aligning with these qualities.

Write an area of your life below that is having thoughts that are contrary to the things mentioned in Philippians 4:8. Pick one adjective above and use it to describe how to think about that area of your life in a Holy light. For example, "My work as a mother is honorable because I am training them skills they will need for eternity."

If there is a person in your life who your mind needs a Holy shift for, write out qualities below that align with the adjectives above, to retrain your brain to think differently about them. Ask God to help you see and think about them more like the the way He does.



PLANS FOR LOVING

OTHERS

# *All of Me* *- Mind -*

*Lord,*

Thank you for desiring me to have a mind full of your peace. You didn't just tell me to have a mind of peace, you gave me powerful weapons in your word to have a mind of peace, a mind emptied of sinful thoughts and full of the thoughts of heaven.

Read 2 Corinthians 10:1-6

What two beautiful qualities of Christ does Paul appeal to the church in Corinth with? (verse 1)

Do Paul and the apostles wage war as humans do?

What kind of power do our weapons have and what can they destroy?

Pinpoint one stronghold or possible stronghold in your life and write it below.

What are we called to do with every thought? (verse 5) How can you see yourself actually doing this? What would it take?

Read the Message paraphrase below.

Circle or highlight what stick out the most to you.

"We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, **fitting every loose thought and emotion and impulse into the structure of life shaped by Christ**. Our tools are ready at hand for clearing the ground of every obstruction and building lives of obedience into maturity." 2 Corinthians 10:4-6

# all of Me

## - Mind -

Receive His Love



TAKE EVERY

*Thought Captive*

TO OBEY

*Christ*

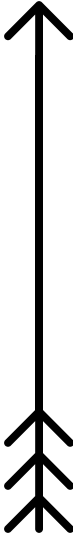
2 CORINTHIANS 10:5

God, thank you for giving me weapons to battle the war waged on my mind. I take this opportunity to write out verses below that will demolish strongholds that I am facing. No power can stand against you and your Word. I take thoughts contrary to your truth captive below.

*Lie from the enemy*

*Truth from God's Word*

GIVE GOD LOVE



Is there anyone you are at odds with that you need to forgive and reconcile with? Write their name below and ask the Lord to remind you that our battle is not flesh and blood, but of the evil rulers of the unseen world.

(Ephesians 6)



PLANS FOR LOVING

OTHERS



# *All of Me* *- Mind -*

*Lord,*

Thank you for the peace you are fighting for on my behalf against unseen powers of the spiritual world. Help me to continue to keep my mind stayed on you, trust you, think on praiseworthy things, and take any unworthy thought captive to you, Lord. Today I ask that you will remind me of how small my understanding of you really is. You are so much greater than my mind could ever comprehend.

Read Isaiah 55

Who is to come in verse 1?

What "food" (things you are ingesting into your soul) are you spending money or value on that is no good for you (verse 2)

What is the promise if you incline your ear to worthy things in verse 3?

When shall you seek the Lord? (verse 6)

The wicked and unrighteous are called to do what with their thoughts?

What will the Lord do if they turn back to Him?

Are our thoughts like the Lord's thoughts? How are they different?

How much higher are God's thoughts than our thoughts?

# *all of Me*

## *- Mind -*

Receive His Love



*My Thoughts*

ARE NOT

*Your Thoughts*

ISAIAH 55:9

God, I praise you for how much higher your thoughts are than mine. You always think heavenly, while I think day to day. You think Kingdomly, and I think singularly. Show me how I can move towards a more heavenly mindset. What area of my life needs a more eternal mindset? Write it below and write out a prayer asking the Lord to help you trust his thoughts and plans for you, because we could never understand them, He's just that great and more!

GIVE GOD LOVE



Continue to pray below for forgiveness and restoration between you and the person you prayed for yesterday. Write out a prayer below, asking God to love them with a heavenly mindset that desires to



PLANS FOR LOVING

OTHERS

# *all of Me* - Soul -

*No eye has seen*

Receive His Love

NO EAR HAS HEARD

*No mind has imagined*

WHAT GOD HAS PREPARED

*For those Who Love Him*

1 CORINTHIANS 2:9

Lord, thank you for first giving me life on this earth, and then new, eternal life in Christ. Help me love you with more of my eternal soul by looking forward to forever with you. Below, write the most beautiful thing your eye has seen and your ear has heard, and then write out what your mind can imagine about the greatness of heaven. Let this grow your love for the Lord. What he has planned for you is so much better than this!

*Most beautiful thing my eyes have seen -*

*What my mind imagines heaven to be like:*

*Most beautiful thing my ears have heard-*

Who needs to be reminded of the hope of heaven? Write their name and a prayer below and ask God to give you the words, love and courage to encourage them that what Jesus has planned for us is better than we can imagine!

PLANS FOR LOVING

OTHERS

# *All of Me - Mind -*

*Lord,*

I praise you because your ways are much higher than mine. My mind cannot comprehend your greatness. Help me to hear your words afresh today about the blessing of peace you left your followers before you headed to the cross to secure our hope. Expand my understanding to see your gift of peace of mind in a new way.

Read John 14:23-29

Who is speaking here?

What do all who love him do?

Who will love him and make their home in him?

What two things will the Holy Spirit do? (verse 26)

What is the gift that Jesus is leaving them with? (verse 27)

Can the world give you peace of mind?

What worldly source are you seeking peace of mind from? How can you seek it from Jesus alone?

# *all of Me*

## *- Mind -*

Receive His Love

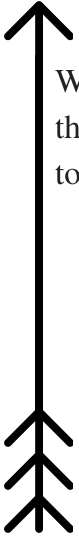


I AM LEAVING YOU WITH  
A GIFT -

*Peace of Mind*  
AND  
*heart*

JOHN 14:27 NLT

GIVE GOD LOVE



What an amazing gift you left us with! Thank you Jesus for peace of mind and heart that are different than any we could find from this world. Show me where my heart is troubled or afraid, and transform it to be overwhelmed by your peace instead.

Be on the lookout for anyone who is troubled or afraid. Ask the Lord to use you in their life to minister this gift of peace to them. Write out a prayer below.



PLANS FOR LOVING

OTHERS

# *all of Me* *- Strength -*

*Lord,*

Thank you for showing us how to fulfill the greatest commandment by loving you with all of our heart, mind, soul, and strength. This week, renew our strength through your Word and your Spirit. Show us how to trade in weariness for your never tiring power.

Read Isaiah 40:28-31

Does God ever grow faint or weary?

Can anyone measure his understanding?

What does he give to the weak?

What does he give to the powerless?

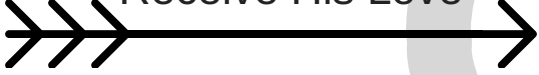
Even who will grow weak and tired?

List four promises of those who trust in the Lord from verse 31 below:

# *all of Me*

## *- Strength -*

Receive His Love



THOSE WHO

*Trust in the Lord*

WILL FIND

*new strength*

ISAIAH 40:31 NLT

GIVE GOD LOVE



Some versions say "wait" on the Lord or "hope in the Lord." Isn't it so true, when we are impatient and take things into our own hands, we start striving and working in vain. We get weary and worn out. The whole time, the Lord must be calling us to slow down and wait for Him to move. Have you felt faint or weary in any area of your life lately? Write it below and write out a prayer asking the Lord to help you trust in Him to move in that area and give you new strength as you trust in Him.

Is there a person in your life who exhausts you? You want to love them well, but you find yourself worn out by what they need from you. Write out a prayer below asking the Lord to give you new strength to meet them where they are and love them with His love.

PLANS FOR LOVING

OTHERS



# *All of Me - Strength -*

*Lord,*

Thank you for being a God who doesn't say, "figure it out, and hurry up!" Instead you say, slow down and wait for me child. You are tired because you are going ahead of my strength and blessing. You haven't spent enough time with me on this. Let me show you how this is done. So today, Lord, I come to learn from you how to live with your strength when I get tired and worn out. You told me to trust you, and I do. Now show me how to continue doing the good work you've given me to do with your strength. Help me love you with all my strength while I do this good work.

Read Matthew 11:25-30

To whom does Jesus thank The Father for revealing hidden things to?

Who has The Father entrusted everything to?

Who knows the Father?

Do you really "know" The Father as a Good Father? Think of a good earthly dad that you know. Do they want their child wearing themselves out, not getting enough rest and striving after accomplishments or after unrealistic expectations? Or do they put their child to bed at night, blessing them with sweet dreams and plenty of rest? Write below some qualities of a Good Father. Let's get back to knowing Him like a child.

Jesus tells all who are weary and heavy burdened to do what? What will he give them?

What kind of teacher is Jesus?

How does Jesus describe his "yoke?" How does He describe his burden for you to carry?



# *all of Me* *- Strength -*

*Come to Me*

Receive His Love



ALL OF YOU WHO ARE WEARY  
AND CARRY HEAVY BURDENS,

&

*I will give you rest.*

MATTHEW 11:28



GIVE GOD LOVE

Thank you, Jesus, that you want your children to get strength from rest. You humbly and gently teach us how to carry out the perfect amount of good work you have given us to do while here on this earth, on our way home to you. We take off the yoke that's too heavy and zapping our strength, and we exchange it for your light one. We come like a child, asking you to teach us to work from an overflow of the strength you give us. Below, write the work that seems heavy, and what Jesus is teaching you about how you could make it lighter.

Make sure you are not imposing too much work on anyone you have authority over. Whether it be a child or an employee, let's evaluate what you are expecting of them. Let's encourage them that they have a Savior who is the best teacher and who will show them how to work in His strength. Write out a prayer below.



PLANS FOR LOVING

OTHERS

# All of Me - Strength -

*Lord,*

Thank you for trading my heavy workload for a burden that is easy to bear. Thank you for teaching me how to trust you and find new strength. Please help me learn today how to have your strength in the hardest of situations.

Read Philippians 4:10-14

Paul was writing to the church at Philippi. What did he thank the people there for in verse 10?

Write the name of a person below whom you are concerned for at the moment, who is facing difficulty.

What does Paul share that he has learned in verse 11 and 12?

What is his "secret?" (verse 13)

Read verse 13 in the Amplified Bible below.

Circle key words or phrases that stick out to you.

" I can do all things [which He has called me to do] through Him who strengthens and empowers me [to fulfill His purpose—I am self-sufficient in Christ's sufficiency; I am ready for anything and equal to anything through Him who infuses me with inner strength and confident peace.]

# *all of Me*

## *- Strength -*

Receive His Love



*I can do all things*

THROUGH HIM WHO

*strengthens me.*

PHILIPPIANS 4:13

GIVE GOD LOVE



Lord, thank you for infusing me with inner strength and confident peace through your Spirit living within me for the hardest of situations. Write out the any situation below that you are struggling in. Pray and ask Him to supernaturally give you the power to be content in Him through the situation.

Is there someone in your life whom you need to have renewed concern for, as the church in Philippi had for Paul? How can you encourage them to find strength in the Lord? Write out their name and a prayer for them below.



PLANS FOR LOVING

OTHERS

# *All of Me* *- Strength -*

*Lord,*

Your strength is supernatural. We grow tired, but you never do. Thank you for asking us to love you with all the strength you supply to us. This world and the enemy wage war on us and try to steal our strength to love you. You have given us the equipment we need to win every battle in your strength. Please teach me anew today how to fight in your strength.

Read Ephesians 6:10-18

Who are we to be strong in?

What are we to put on? (verse 11)

Who will this enable us to stand strong against?

Who are we actually fighting against? (Four powers are named)

For what reason are we told to put on the whole armor of God? (verse 13)

For each of the pieces of armor mentioned, write beside it what it represents spiritually.

*Belt -*

*Shield -*

*Breastplate -*

*Helmet -*

*Shoes -*

*Sword -*

# *all of Me* *- Strength -*

Receive His Love



*Be Strong*

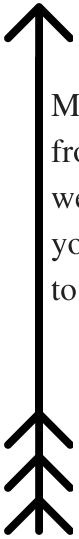
IN THE LORD

AND IN THE

*Strength of His  
Might.*

EPHESIANS 6:10

GIVE GOD LOVE



Mighty God, you give us strength to cover our whole body, our whole being, with supernatural power from above. We are warriors with never ending strength in the battle, because you equip us with the weapons of your Word. Which piece of the armor do you most need to put on right now? What area of your life is feeling weak? Write the piece of armor you most need to strengthen below and ask the Lord to help you put it on and keep it active in the battles you face.

Remember, our battle is not against flesh and blood. People are not our enemies. The enemy is our enemy. If there is a person with whom you are having a hard time with, ask the Lord to bring peace between the two of you. Put on the shoes of the gospel of peace and walk in love with that person. Write out a prayer below asking the Lord to give you his strength in loving this person.



PLANS FOR LOVING

OTHERS

# *All of Me* *- Strength -*

*Lord,*

You are so worthy of being loved with all the strength you pour into us. As I finish this study today, help me fall before you, in awe of the ONE who is strength Himself. Bring me in front of you in sincere worship before your throne, loving you with all of my heart, mind, soul, and strength, today and forever.

Read Revelation 5

What is in the hand of the One sitting on the throne?

Who is worthy to open it? (Verse 5)

Who is the lamb that looked like it had been slaughtered? (Verse 6)

What did He do in verse 7?

What did the twenty-four elders do in verse 8?

Write out below what moves you the most about the song they sing out in verse 9 & 10.

How many angels sing in the chorus in verse 11?

Who is worthy? (Verse 12)

One of the things cried out that The Lamb is worthy to receive is strength, the same greek word for strength in our theme verse. Some translations use the word "might" here. He is worthy. It is His strength. He is the lamb who was slaughtered on our behalf. He is the One who won the world back from the evil one. He is worthy of all of our strength.

# *all of Me* *- Strength -*

Receive His Love



*Worthy is the Lamb*

WHO WAS SLAUGHTERED  
*to receive*

POWER AND RICHES

*& wisdom & strength*

AND HONOR AND GLORY AND BLESSING

REVELATION 5:12

Jesus, You are worthy of ALL of me. All of my strength that you so graciously give. I have all strength because you won the battle on the cross. Thank you, Jesus, for nailing the record of the charges against me on your cross, through your arms stretched out in love. (Colossians 2:14)  
Write out a prayer below thanking Jesus for loving you so much that He died on the cross for you. He is definitely worthy of All of our love!

GIVE GOD LOVE



End this study with a prayer written out below, asking the Lord to help you love others more like you love yourself on the road ahead. Remember, through His strength we are able. Ask Him to help you love with His love.



PLANS FOR LOVING

OTHERS